NATURE POSTINGS

SUMMER CAMP GUIDE

2020

Nature Postings

DISCOVER THE TRUTH
IN NATURE'S VOICE

TABLE OF CONTENTS

Introduction 1

What's New? 1

Weeks & Price 2

What To Bring 3

Camp Rules 4

Schedule ..... 5 to 9

- Day 1 5
- Day 2 6
- Day 3 7
- Day 4 8
- Day 5 9

Additional Information 10

INTRODUCTION

HELLO SCIENTISTS!

We are excited to be reopening the Nature Postings Summer Camp 2020! This year, we have prepared a packed schedule full of adventures, science and research! Due to the spread of COVID-19, we will be taking extra precautions in our camp facility, which will be outlined in our "*Nature Postings New Normal*' packet that will be sent out to all campers.

WHAT'S NEW?

As many know, due to the pandemic, this years summer camp programing has been challenging. However, with new regulations set by Miami-Dade County, we have formed a new approach that will be implemented in this years summer camp:

SAFETY is our first priority! We will be implementing strict regulations for our facility, staff, volunteers, campers and guests which is outlined in our "Nature Postings New Normal" Packet.

LOCATION of our camp will be at the Nature Postings Studio. With the renovations that have taken place to increase classroom space and add a second private restroom, we will be able to safely operate in our facility. ***Address: 20321 Old Cutler Rd, Cutler Bay, FL 33189.***

AFLOAT, EMBRACE AND SCHOLARS camp themes will be included in EVERY week of the camp. Campers will be able to experience outdoor adventure, science and nature, and research in each week of camp. This approach ensures that indoor activities are kept to a minimum, maximizing regulated outdoor activities that are less risky.

Additionally, the weeks, number of campers, and price have all been altered and will be disclosed on page 2.

WEEKS & PRICE

Campers and Price

To regulate the number of people occupying our facility space, we will be accepting **16 campers per week**. With 4 campers allocated to each staff member, we will be able to have **4 staff** with the campers. The camp will be divided into two groups of 8 campers and 2 staff in each group, maintaining 10 members per group. This limited number of campers will ensure safe distancing in our facility. To cover cost of operations, the price of the camp will be **$375.00 per camper**.

9 Available weeks

16 Campers per week

$375 Per camper

Weeks

This year, we will be providing campers with 9 available weeks to join the adventure! The weeks are as follows:

Week 1: June 22-26
Week 2: June 29 - July 3
Week 3: July 6-10
Week 4: July 13-17
Week 5: July 20-24
Week 6: July 27-31
Week 7: August 3-7
Week 8: August 10-14
Week 9: August 17-21

Each week will have similar schedules (Pgs. 4 to 8) with activities varying weekly. We will ensure that no two weeks will be the same, allowing your camper more opportunities to join the adventure!

WHAT TO BRING

What To Bring

Here is a list of items that you will NEED to bring in order to attend the camp.

- Nature Postings Summer Camp Shirt (Provided on the first day of camp)
- Face Covering/Mask
- Bag Lunch (No Nut Policy)
- Refillable water bottle
- Sunscreen & Bug Spray (Applied prior arrival)
- Bicycle and Helmet
- Hat
- Towel
- Bathing Suit
- Change of Clothes
- Closed toe shoes (NO CROCS)
- Water shoes (NO CROCS)
- Carry-on snack
- Any medication required need to be placed in a labeled plastic zip-lock bag and be given to team captain counselor. Counselors are not allowed to administrate medications.

The following items are recommended, but not required:

- Plastic bag for wet clothes
- Rain Jacket or Poncho
- Extra Snacks (Especially for campers with Food Allergies)

CAMP RULES

RULES

Please read all summer camps rules. These rules will be discussed the first day of camp:

1. RESPECT | *Campers must respect all staff, volunteers, campers, animals, nature and property*
    - Follow Directions at all time. Directions are given at the beginning of each activity.
    - Keep your hands, feet and objects to yourself.
    - No cursing or foul language is permitted at camp.
    - Clean up after yourself. Take only memories, leave only footprints.
    - NO electronics, cell phones, games or toys are allowed at camp.

2. ATTIRE & BELONGINGS | *Campers wear appropriate attire and bring the appropriate belongings*
    - Camp shirt is required every day
    - Face mask, Lab coat, Safety glasses and Gloves are required at all times indoors.
    - Closed –toed shoes are required for all activities
    - Sun Screen and Bug Spray must be applied before entering the facility.
    - Safety Gear is mandatory during outdoor activities. (helmets, lifejackets, etc.)

3. TEAM | *Campers must stay with teams and counselors to ensure safety*
    - Follow the number system to account for all campers
    - Whistles signals: 1 whistle = STOP, 2 whistles = COME and 3 whistles = EMERGENCY.

4. CONSEQUENCES | *Campers who fail to follow rules above will be subject to the following.*
    - Three Strike Rule: Campers who fail to follow rules will have three opportunities to correct their mistakes. After each misdemeanor, a strike will be given to the camper and a meeting will take place with the camper and the appropriate guardian. If a camper is given three strikes in one week, they will be sent home with no refund.

ALL SAFETY REGULATIONS FOR CAMPERS REGAURDING COVID-19 ARE LISTED IN THE "NATURE POSTINGS NEW NORMAL" PACKET.

Day 1

SCIENTIST DAY

MONDAY

It all begins here! On Scientist Day, campers will be introduced to the methods and procedures of a scientist, along with our first biking adventure!

Drop-Off | 8:30 AM to 9:00 AM

Introduction | 9:00 AM to 10:30 AM
At this time we will talk about rules and safety, as well as assign teams and cubbies.

CLEAN AND DISINFECT

Critter Mingle | 10:30 AM to 12:30 PM
Learn all about scientific methods and behaviors as we safely handle our animals.

CLEAN AND DISINFECT

Lunch | 12:30 PM to 1:00 PM

Wild Riders | 1:00 PM to 4:00 PM
Time to put the pedals to the pavement as we take off on our first adventure, testing our biking skills with some fun, fast-paced activities!

CLEAN AND DISINFECT

Snack & Circle Time | 4:00 PM to 4:30 PM
Time to take a snack break as we sit and talk about the positive things that happened during the day.

Pick-Up | 4:30 PM to 5:00 PM

Day 2 ADVENTURE DAY

TUESDAY

Embrace your inner adventurer as we take to the waters on our Adventure Day Excursions!

Drop-Off | 8:30 AM to 9:00 AM

Introduction | 9:00 AM to 10:00 AM
Discuss and prepare for the activities we will be doing today.

CLEAN AND DISINFECT

Biking Transition | 10:00 AM to 11:00 AM
Biking to the next activity.

Lunch | 11:00 AM to 11:30 AM

Outdoor Excursion | 11:30 AM to 3:00 PM
Our first Water-Based activity of the week aboard our floating vessels (Kayaks or Paddle Boards).

Biking Transition | 3:00 PM to 4:00 PM
Biking back to the lab.

CLEAN AND DISINFECT

Snack & Circle Time | 4:00 PM to 4:30 PM
Time to take a snack break as we sit and talk about the positive things that happened during the day.

Pick-Up | 4:30 PM to 5:00 PM

WEDNESDAY

Nature Day is all about nature and science, discovering and learning all about our natural resources.

Drop-Off | 8:30 AM to 9:00 AM

Introduction | 9:00 AM to 10:00 AM
Discuss and prepare for the activities we will be doing today.

CLEAN AND DISINFECT

Biking Transition | 10:00 AM to 11:00 AM
Biking to the next activity.

Aquatic Studies | 11:00 AM to 12:30 PM
A Nature Study Trip on the water aboard our water crafts (Kayaks or Paddle Boards).

Lunch | 12:30 PM to 1:00 PM

Biking Transition | 1:00 PM to 2:00 PM
Biking back to the lab.

Science Studies | 2:00 PM to 4:00 PM
Taking our Discoveries back to the lab to study and learn!

CLEAN AND DISINFECT

Snack & Circle Time | 4:00 PM to 4:30 PM
Time to take a snack break as we sit and talk about the positive things that happened during the day.

Pick-Up | 4:30 PM to 5:00 PM

Day 4

RESEARCH DAY

THURSDAY

A full day of scientific inquiry as we travel to different locations to conduct our field research!

- Drop-Off | 8:30 AM to 9:00 AM
- Introduction | 9:00 AM to 10:00 AM
  Discuss and prepare for the activities we will be doing today.
- CLEAN AND DISINFECT
- Biking Transition | 10:00 AM to 11:00 AM
  Biking to the next activity.
- Field Research Studies | 11:00 AM to 12:30 PM
  Grab your sampling bottles and binoculars as we head out to the field to conduct research.
- Lunch | 12:30 PM to 1:00 PM
- Biking Transition | 1:00 PM to 2:00 PM
  Biking back to the lab.
- 3D Bodies | 2:00 PM to 4:00 PM
  Let's take a closer look at the internal anatomy of the specimen!
- CLEAN AND DISINFECT
- Snack & Circle Time | 4:00 PM to 4:30 PM
  Time to take a snack break as we sit and talk about the positive things that happened during the day.
- Pick-Up | 4:30 PM to 5:00 PM

FRIDAY

Compete against the other teams in the ultimate Challenge Day events to win the Golden Paddle!

Drop-Off | 8:30 AM to 9:00 AM

Introduction | 9:00 AM to 10:00 AM
Discuss and prepare for the activities we will be doing today.

CLEAN AND DISINFECT

Biking Transition | 10:00 AM to 11:00 AM
Biking to the next activity.

Lunch | 11:00 AM to 11:30 AM

Team Spirit! | 11:30 AM to 12:00 PM
Get your war paint on as we battle to see which team has the most team spirit!

Water Wars | 12:00 PM to 2:30 PM
Take to the water for our final challenge and see which team has what it takes to win!

Biking Transition | 2:30 PM to 3:30 PM
Biking back to the lab.

CLEAN AND DISINFECT

GOLDEN PADDLE ANNOUNCEMENT | 3:30 PM to 4:30 PM
Our final snack break of the week as we sit and talk about the positive things that happened during the day, add up the points from the challenges, and announce the winning team!

Pick-Up | 4:30 PM to 5:00 PM

INFORMATION

Additional Information

Please read all summer camps rules. These rules will be discussed the first day of camp:

- GOOD BREAKFAST: It is very important that your child eats good breakfast rich in protein and whole grains before arriving to camp due outdoors activities. Due the intensity of the activities, we need our campers ready for action with a good breakfast.
- CAMP SHIRT: We are providing a camp shirt FREE each week. Campers need to wear the shirt every day for easy identification and group control during outdoors activities. Additional camp shirts are available for sale for a cost of $20.
- CAMP HOURS: Camp hours are 8:30 AM- 5:00 PM. Parents will be required to sign in/out their child during drop off and pick up. Only the people authorized in the registration form will be allowed to pick up campers. ID is required during pick up.
- ARRIVE ON TIME: We required all campers to arrive by 8:30am. We have prepared a busy schedule that requires travel on bikes to different locations. We will depart for outdoor adventures on time.
- WEATHER: All activities are subject to weather. We will notify parents in the morning if any of the adventures have been changed or modified.
- HOW TO REACH US: Most of the activities will be outdoors, please note we will be biking, kayaking, snorkeling, etc. with no direct access to our phone. If you need to reach out any of our counselors, please TEXT us at the mobile number (786) 608-3603. We will respond as soon as possible.
- BIKES AND HELMETS: Bikes and helmets are required every day. We keep campers bikes locked. We are not responsible for stolen bikes or bikes left in the properties at night. All bikes have to leave after each day and come back the next day.
- PHOTOS: After each day, we will be postings photos on our Facebook page. Please like our page and enjoy the adventures from home!